

Take Back Your Family || Real Love

Group Notes

INTRODUCTION

This past weekend, Chad talked about how real love is not a feeling, it is a choice. It is all about mutual submission and moving from “me” to “we.”

CONVERSATION STARTERS

1. Who is your hero and why?
2. How do you often feel most misunderstood?

SERMON NOTES REVIEW

Looking back at your sermon notes from this weekend’s teaching, was there anything said that caught your attention, challenged you, or confused you?

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GROUP DISCUSSION

1. How can moving from a “me” mindset to a “we” mindset improve your relationship?
2. Share a time when you struggled with putting someone else’s needs before your own? What was that experience like?
3. Big or small, have you ever given up something that was rightfully yours? What was it, and why did you give it up?
4. In marriage and relationships, one of the hardest things to do is to choose to love and serve the other person, even when we do not feel like it. What are some things that have helped you make the choice to love and to serve, even when it is hard?
5. Read [Ephesians 5:21](#). In this verse, Paul is giving instructions on how followers of Jesus should relate to one another.
 - Chad taught this weekend that submission is about moving from “me” to “we.” What is one way you could serve your spouse (or another person you love) this week?
6. In marriage, we are two individuals choosing to become one team. How might the mindset of “same team” help you in your marriage?

PRAYER

Today we talked about mutual submission and choosing “we” over “me.” Pray for one another for wisdom to know how God might want you to serve your spouse (or another person). Ask God to help you have the courage and humility to take the steps He is prompting you to take.

ANNOUNCEMENTS

- Serve Day is coming up on Saturday, September 10. This is a great opportunity to serve our community together as a small group and is one of the best ways your group can grow with one another. Sign up at [Serveday.sv.cc](#)

