

Take Back Your Family || Making Marriage Work

Group Notes

INTRODUCTION

There are some habits that we can build into our marriage that will make it better and there are some habits that can make it worse. Happy marriages really come from practicing healthy habits.

CONVERSATION STARTERS

1. Any fun plans coming up?
2. What is one habit that is helpful for you during your week?

SERMON NOTES REVIEW

Looking back at your sermon notes from this weekend's teaching, was there anything said that caught your attention, challenged you, or confused you?

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GROUP DISCUSSION

1. What are you learning about being a good listener?
2. What is one practice Chad and Katrina shared that resonated with you?
3. When you think of healthy relational habits, what are some things you believe are most important?
4. Read [James 1:19-20](#). Who is one person you know that is a great listener? What does this person do that makes you feel heard?
5. Describe a moment when you were not a good listener. What was the result?
6. What is one relational habit you want to begin to develop?

PRAYER

Today we talked about healthy relational habits. Take a moment to pray ask God what steps he wants you to take to develop these habits.

"God, thank you for your example of how to have healthy relationships. Help us to take the steps you want us to take to develop healthy habits. Helps us to love like you love. Amen."

ANNOUNCEMENTS

- Group notes are available in the Sun Valley app! You can download the Sun Valley app for free in the app store.
- Want to dive deeper into God's Word and what you discussed in group? Sign up for the Sun Valley daily devotionals at daily.sv.cc.