

Letting Go of Control | Week 2

Faith is action-oriented. To believe is to trust, and to trust is to obey. Letting go of control means surrendering your life to God and choosing to obey Him. This week, we learned three powerful truths about trusting God: God sees what you can't, control is an illusion, and God is trustworthy with your life.

Conversation Starters (10 minutes)

- This past weekend, we watched people take a step of faith to get baptized. Take a moment to pray for those who got baptized and their continued journeys in following Jesus.
- How can each person in the group be the church and help those we prayed for, as well as others, continue to meet, know, and follow Jesus?

Sermon Notes Review (15 minutes)

What caught your attention, stood out to you, or challenged you from this weekend's teaching?

[Watch the Video](#) (5 minutes)

- Prepare to watch the video by opening your Bible to [James 2:18-19](#).

Group Discussion (45 minutes)

Starter Question from the Video:

1. When have you experienced peace because you chose to trust and obey God?

Scripture Observation:

2. Read [Proverbs 3:5-6](#). In your Bible, underline the phrase "lean not on your own understanding." What does this phrase suggest about the relationship between trust and control?

Scripture Interpretation/Discussion:

3. The passage says to trust God "with all your heart" and "in all your ways." Why do you think partial trust isn't enough when it comes to surrendering control to God?
4. What's the difference between intellectually believing in God and actually trusting Him with your life?

Personal Application:

5. This weekend, Chad shared three principles of trusting God: God sees what you can't; Control is an illusion; and God is trustworthy with your life. Which of these most challenges or resonates with you right now?
6. Is there an area of your life that you are trying to control instead of surrendering to God? What would it look like to obey God in that area this week?

Prayer (5 minutes)

God, thank you for being trustworthy. Thank you for your love and care for us. Even though we know you are in control, we sometimes forget and try to take control anyway. Help us to release the areas of our lives that we have not yet surrendered to you. Give us wisdom to know the right things to do, and the courage to do them. We love you and trust you, Jesus. Help us to trust you. Amen.

For Further Exploration

[The Bible Project](#) is a great resource for learning more about the Bible. If you are interested in studying more about the topics we discussed this week, check out these resources from The Bible Project:

[Can We Trust God in Difficult Times?](#) (5-minute Video and Article)

[Character of God: Faithful](#) (5-minute video)

[Biblical Trust Isn't Blind](#) (1-hour podcast)

Practices to Help You Grow This Week

- Identify one area where you're trying to maintain control instead of trusting God
- Ask God what specific step of obedience He's calling you to take
- Share with your group how you're practicing letting go and trusting God this week