

Mind Wars || Your Mind Matters

Group Notes

INTRODUCTION

This past weekend Chad launched our new series, Mind Wars. We learned how our thoughts are powerful, can change our perspective, impact our decisions, and influence our lives. If we are not careful, we can become trapped by our thoughts but God has provided the way for us to change our thinking which will change our lives.

CONVERSATION STARTERS

- What is a song that gets stuck in your head?
- If you could be a participant on any game show, which game show would you choose and why?

SERMON NOTES REVIEW

Looking back at your sermon notes from this weekend's teaching, was there anything said that caught your attention, challenged you, or confused you?

[WATCH THE VIDEO](#)

GROUP DISCUSSION

1. What are some things that tend to consume your thoughts the most?
2. Read [Ephesians 4:20-25](#). Paul writes that there should be a difference in the way we think after we start following Jesus. What are some ways you “put off your old self” and “make new, the attitude of your mind”?
3. How has this change in mindset affected your actions, priorities and attitude?
4. Read [Romans 12:2](#). Paul writes we can be transformed by renewing our minds as we focus on God's Word, goodness, grace, and plan for our lives—by listening to His voice. What are some other “voices” you listen to that affect your mindset?
5. How can you begin to intentionally renew your mind in light of this scripture? What behaviors/actions might need to change in your life as you begin to “think about what you think about”?

PRAYER

Go around your group and ask for prayer requests. Ask God to give you the wisdom you need in current situations you are facing. Ask Him to provide you with godly counsel from others in your life.

ANNOUNCEMENTS

- The Marriage Course kicks off the week of September 26! This seven week series is designed to help couples build strong foundations, learn to communicate more effectively, and resolve differences well. Sign up at marriage.sv.cc

- The PreMarriage Course is designed for both engaged and dating couples who are considering marriage. During the four weeks, participants will discuss Communication, Conflict Resolution, Grace, and Intimacy. Registration is still open at marriage.sv.cc