

## What is Love? | Week 6

### Introduction

True love is an active choice you make every day. This love may demand sacrifice, but it holds the power to transform you. The more you experience Jesus' love, the more you are able to give unconditional love to others.

### Conversation Starters (10 minutes)

- Growing up, what was your perception of love?
- Think of L.O.V.E as an acronym: L -Listening, O – Observing, V- Valuing, E - Embracing
- Each person thinks of one word to place in the word L-O-V-E as an acronym.

### Sermon Notes Review (15 minutes)

What caught your attention, stood out to you, or challenged you from this weekend's teaching?

[Watch video](#) (5 minutes)

### Group Discussion (45 minutes)

1. Who is somebody in your life who has demonstrated that kind, that biblical love, putting your needs before their own? Where have you seen that modeled? Where have you seen that demonstrated?
2. Who is somebody in your life who has demonstrated biblical love?
3. [1 John 4:19](#) "We love, because He first loved us." Why did God give us this scripture as a framework for learning to love?
4. [Romans 5:8 \(AMP\)](#) "But God clearly shows and proves His own love for us, by the fact that while we were still sinners, Christ died for us." Based on this scripture, how can we show love to those who are "unlovable?" (Healthy boundaries in place).
5. [Proverbs 10:12 \(ESV\)](#) "Hatred stirs up strife, but love covers all offenses."
  - a. Now that we understand love is action-oriented, how can we choose to allow love to cover all offenses?
  - b. How do we let love guide us to engaging in healthy relationships to produce positive fruit in our lives and communities?
6. [1 Peter 3:10 \(NIV\)](#) "Whoever would love life and see good days must keep their tongue from evil and their lips from deceitful speech."
  - a. Why does this scripture link good days and speech?
  - b. Are "bad" days driven by the words that you speak over yourself and others?

## Prayer (5 minutes)

Close your group time in prayer. You can use these words or your own words:

*“Father, I pray that the words of 1 Corinthians 13 would sink deep into our hearts. Show us how to love those we find hard to love. Help us to remember the grace You extended to us, through Christ Jesus, when we were unlovable, and teach us to extend that same grace to ourselves and others. Thank you for your patience with us as we learn to walk in Your love every day. Amen.”*

## Announcements (5 minutes)

- Daily Bible Reading that is connected to our weekend messages and group notes is available in the Sun Valley app!