

Fully Known | Week 3

Introduction

God knows you completely, is with you constantly, and created you powerfully. Psalm 139 reveals a God who is omniscient (all-knowing), omnipresent (ever present in the past, present, and future), and omnipotent (all-powerful creator). This week, we will talk about what this means for us as we respond.

Conversation Starters (10 minutes)

- What practice or habit helps you become aware that God is present with you during your everyday life?
- The church is not a building we come and sit in. It's a movement we choose to be a part of. As we approach Easter, a time when we will welcome hundreds of guests, now is a great time to join the movement and serve on a team if you are not already serving. What area might you be interested in serving? What questions do you have about serving?

Sermon Notes Review (15 minutes)

What caught your attention, stood out to you, or challenged you from this weekend's teaching?

[Watch the Video](#) (5 minutes)

Group Discussion (50 minutes)

Starter question from the video:

Take 5 minutes and write an honest prayer to the Lord. Then share what it was like being honest with God.

Scripture Observation:

Read [Psalm 139](#).

Read Psalm 139 again, one section at a time. As you read each section, circle or underline the word or phrase that stands out most to you. Share what you circled and why it caught your attention:

- Read and discuss Psalm 139:1-6.
- Read and discuss Psalm 139:7-12.
- Read and discuss Psalm 139:13-18.
- Read and discuss Psalm 139:19-24.

Scripture Interpretation/Discussion:

1. What does it mean that God knows our thoughts from afar and is familiar with all our ways?
2. Does the context of verses 19-24 change the way you understand the rest of the Psalm? In what ways?

Personal Application:

3. God's omniscience means He knows everything about us—our past, present, and future. What comfort or challenge does this truth bring to your life right now?
4. We can be honest with God in prayer because He answers in one five ways: Yes; No; Wait; Grow; Go. The only prayers that cannot grow our faith are the ones we don't pray. Is there a prayer you have avoided praying?
How might your relationship with God change if you could trust Him with that prayer?

For Further Exploration (Optional)

This past weekend, Megan explained that Psalm 139 is an imprecatory Psalm. [Learn more about imprecatory Psalms here.](#)

Prayer (5 minutes)

Close your group time in prayer. You can use these words or your own:

God, thank you for how you are. Thank you that you know everything about us, you choose to be with us, and you are in control of everything. Help us to rest in this truth and to learn to receive your love. In Jesus' Name, Amen.

Practices to Help You Grow This Week

- Study Psalm 139 in this week's Daily Reading Plan in the Sun Valley app
- Pause throughout your day to acknowledge God's presence with you

Announcements

Easter is coming soon, and it is a time when our friends, family, and neighbors who do not know Jesus are likely to come to church. We expect to see hundreds of new guests this Easter, and want to invite you to be a part of creating a wonderful experience for them.

If you are not currently part of a serving team, this is the perfect time to try one out! Serving together with your small group makes it even more fun. Find opportunities to serve and sign up at serve.sv.cc.