

Rooted Group Notes

Week 6 || How Can I Make the Most of My Life? (Part 1)

INTRODUCTION

This week, we will debrief our Strongholds conversations and discuss how God has wired each of us to serve. We will also take some time to plan our group Serve Experiences.

CONVERSATION STARTERS (10 minutes)

1. Have the person you asked last week share their story of saying Yes to Jesus and how they ended up in this group (2-3 minutes). Who would like to share their story during group next week?
2. Share a time when someone blessed you by serving you. What made that moment so memorable?

STRONGHOLDS DEBRIEF (15 minutes)

- What has God been teaching you through our Strongholds conversation last week and your personal devotional time in your Rooted book?
- Share any verses, prayers, or rhythms you have found particularly helpful.
- What do you sense God is asking you to do?
- Have someone in the group say a prayer: *God, thank you for your power to demolish strongholds. Thank you for this group and the steps we have already taken to experience freedom and to grow in Truth that sets us free. Help us to continue to seek your leading and experience freedom in you. In Jesus' Name, Amen.*

WATCH THE VIDEO (10 minutes)

GROUP DISCUSSION (25 minutes)

1. What type of service do you think God has wired you for? Consider:
 - What are some specific things people tell you that you are good at? Share some examples. (*This isn't the time for modesty. Be truthful! What talents do people call out in you?*)
 - What fires you up?
 - What are some ways you have served in the past? What did you learn about yourself?
2. Read the following passages that teach about spiritual gifts: [Romans 12:3-8](#); [Ephesians 4:11-16](#).

- What is the purpose of spiritual gifts?
 - What questions do you have about spiritual gifts?
 - Do you have a sense of what spiritual gift(s) you may have? Which one(s)?
3. Is there anything you sense God is asking you to do?

SERVE EXPERIENCE PLANNING (20 minutes)

Serving is about who God is shaping you to be and is an essential part of your Rooted journey. We encourage you to serve together, as a group. If the entire group can't coordinate a time together, consider going in two or three smaller groups. The opportunity to serve alongside one another will not only grow you as an individual but will also help you build relationships with one another.

1. Decide on a Serve opportunity.

- **Options:**
- Participate in a pre-scheduled Serve Experience with one of our Sun Valley partners. Visit servenow.sv.cc for a list of opportunities and to register.
- Schedule your own serve experience with a local organization. Visit servenow.sv.cc for a list of potential organizations.
- Create your own serve experience! Visit servenow.sv.cc for some ideas.

2. Put it on your calendar!

- Serve Experience:
- Date: Time: Location:

3. **Designate a point-person.** Who will make sure the group is registered, send reminders, and make sure everyone knows where to go?
4. **Begin praying for your experience.** Pray that God will help you leave distractions behind and help you to be open to hearing what he speaks to you through your experience.

PRAYER (5 minutes)

Close your group time in prayer. You can use your own words or these words: *God, thank you for designing us on purpose, for a purpose. Teach us, mold us, and make us more like you as we serve one another. Amen.*

ANNOUNCEMENTS (5 minutes)

- Learn more about your Spiritual Gifts by taking a Spiritual Gifts assessment: www.sunvalleycc.com/spiritualgifts.